

Redeemed Girlhood Bible study Series

Discovering Girlhood



Book One

Discovering Girlhood

A Three Week study for pre-teen/Tween girls

Book One of Redeemed Girlhood Bible Study Series

General Introduction

Girls are growing in our time and our society without a sense of who they are.

In this series of Bible study, we are going to settle down in God's Word to discover His mind for us as girls.

This booklet One will bring you to the place of discovering what it means to be a girl.

WEEK ONE

GIRLHOOD

Girlhood has been a very privileged gift God gives every girl child. The question you must ask is why am I a girl? This is a question every girl must answer. Unless this question is totally answered, a girl may not receive the gift and the stage of womanhood as she ought to. God has blessed you with your girlhood. How do you view or see the stage of girlhood? Why are you a girl?

If a girl lacks the understanding of what being a girl is, she may get into the stage of womanhood sad, depressed and marred because the understanding of her value as a girl did not come to her while she was yet young. Since a girl must get this understanding of whom she is as a girl while she's still young we must then look at what girlhood is.

Let us go to the Bible to see why every girl matters and count.

i. The girl matters because God made her as a girl.

Read Matthew 19:4, Genesis 1:27 and discuss the following.

- a. What did the Maker made human beings in the beginning?
- b. In the beginning, who made girls to be girls
- c. Who was the Creator?
- d. What was He proposing to make?
- e. In whose image was the Creator going to make the creation mentioned in this verse?
- f. Share what else you think the verses are saying to you on why the girl matters.

ii. The girl matters because she was made beautifully

- a. Read Psalm 139:14 and discuss the following.
- b. How did the psalmist say he was made?
- c. And what was his response to how he was made?
- d. Share what else you think the verse is saying to you on why the girl matters.

iii. The girl matters because God is thinking of her

Read Psalms 139:17 and discuss the following.

- a. Who has thought for you?
- b. How must you see God's thought to you?
- c. Share what else you think that verse is saying to you on

why the girl matters.

iv. The girl matters because she is engraved in God's palm.

Read Isaiah 49:15-16 and discuss the following.

- a. What is God saying He will not do even if mothers do so?
- b. Why do you think God says He will not forget you?
- c. What must you continue to be as God's child?
- d. Share what else you think the verses are saying to you on why the girl matters.

Week 1 Conclusion

Girls are created by God not just to look gorgeous, pretty, curvy and trendy but much more to fulfil and fill a gap in her own time both in her home and outside her home. Girl, don't be deceived, you are precious in the eyes of God. Every girl count and matter in God's heart.

WEEK TWO

THE BEGINNING OF GIRLHOOD

Nothing exists without a beginning. The first girl that ever came to planet earth was Eve and her existence was for a reason. Girlhood began from the heart of God, and made known in the Garden of Eden.

God wanted to see a replica of His kingdom; that is, a copy of His Kingdom in heaven here on earth. He made a garden called Eden that will communicate what is expressed in heaven here on earth.

He created Adam to have dominion in this Garden of Eden. More so, God looked around and saw that something good was missing. **Genesis 2:18**

God made Eve as help for Adam in this garden. Eve was special in the heart of God and God made her to be an answer

to the need of another person. You are good and not bad!
Girl, you are a problem solver, and not to be a problem to anyone! The birth of a girl to a family is meant to be joyful.

Read James 1:17 and answer the questions below.

- a. Where does every good and perfect gift comes from?
- b. What do you think the girl child is then, according to the verse above?
- c. Whom did you come from as a girl?

Read Genesis 1:26-31 and answer the questions below.

- a. Who decided to make human?
- b. What were they meant to do while on earth?
- c. What good gift did God provide for human while on earth?
- d. What was God's conclusion about His creature in verse 31?

Read Isaiah 29:16 and answer the questions below.

- a. What is the creature compared to in this verse?
- b. What is the Creator called in this verse?

- c. Who has the best understanding of a creature?
- d. What else do you see in this verse?

Read Isaiah 45:9 and use the guideline below for your discussion

- a. What must you not say to your Maker?
- b. What else is this verse teaching you?

Read Romans 9:21 and answer the questions below

- a. From this verse, what do you think God, the Potter made the girl to be?
- b. What else can you take from this verse?

Week 2 Conclusion

Girlhood began with God from the beginning, and all the girl child of today needs to function as a girl in this garden called (world) can only come from the One who made her in the beginning.

WEEK THREE

GOD AND GIRLHOOD

God's heart has always gone out for the female folk. Even when Jesus will be born, God went round the whole of Galilee to look for a young woman who was well formed in her girlhood who would carry Jesus in her womb as a woman. This is to show us that girls are not useless nor nuisance but they are a great need that our generation needs. As a female gender that you are, you must understand your design, that is, how and what God made you to be.

Let us understand what you are by His design

i. You are made to help

Read Genesis 2:18 and follow the guideline below

- a. What did God say is not good?
- b. What did God intend to do to sort out what was not good?
- c. What is the name of what God wanted to make?

- d. Which part of the body was the woman made from?
- e. Did you noticed that God removed a rib to make the woman?
- f. If a rib was removed, do you think there will be an emptiness in the man?
- g. Where do you think what Adam needs to fill the emptiness will be found?
- h. If it is the rib, what was the rib made into?
- i. If the rib was made into the woman, do you think the woman becomes the help to fill the emptiness?
- j. With this in mind, do you think girls are very important in human history?

Week 3 Conclusion

We saw this week that you are an important part of the societal life, and an important part of your family, and an important part of the human race.

None is made to be you, you are unique in God's heart. And you are made to reflect God , your Maker.

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